



Death Valley National Park *Packing List*



Please use this list to help you properly prepare for your outing. The items listed below as "REQUIRED" are necessary for your enjoyment and comfort. Do not substitute or exclude any "REQUIRED" items for your trip. Most of the equipment can be found in your own kitchen and closet. Please label your gear so it is easier to keep track. You can rent gear from our program if you need something on the required list (<http://recreation.sa.ucsb.edu/adventure-programs/outdoor-gear-rentals>).

Any questions concerning the trip itinerary or your equipment needs can be discussed with your trip leader(s) when they call you approximately one week prior to the trip. If you have any questions or concerns prior to contact with the trip leader(s) call UCSB Adventure Programs at 893-3737.

You can expect the weather in Death Valley National Park to be hot in the daytime and chilly/cold in the evenings. Weather can take a turn for the worst at any time while visiting the Park; therefore, warm clothes, effective rain gear, good footwear, a tent and a warm sleeping bag are essential for you to enjoy this adventure. For most current weather check www.weather.gov.

REQUIRED EQUIPMENT

- ___ Backpack or Duffle Bag
- ___ Small Day pack
- ___ *Sleeping bag (should be rated to keep you warm to a temperature of 20°F)
- ___ *Tent with rainfly & plastic ground sheet
- ___ *Ground Pad (sleeping pad (Foam or Inflatable) that will insulate you from the cold ground)
- ___ *Headlamp/Flashlight (with new batteries)
- ___ Lunches (# of trip days)
- ___ Pocket knife/ Multi-tool
- ___ 1 cup, 1 bowl, 1 plate, knife, fork and spoon
- ___ Personal hygiene items (toothbrush, etc.)
- ___ Menstrual Supplies (see recommendations on trip expectations)
- ___ Hand Sanitizer
- ___ Toilet Paper (w/ 4-5 large ziplock bags)
- ___ Water Bottles (at least two, one Nalgene/Hydroflask plus Camelback/Platypus work well)
- ___ \$\$ to Buy Road Meals, Snacks, Souvenirs, etc.
- ___ Brimmed Hat
- ___ Sunglasses
- ___ Sunscreen (minimum rating of 30 SPF)
- ___ Special First Aid supplies and medications according to your specific needs

*Available for rent at Adventure Programs Rental Center in the UCSB Rec Cen:
<http://recreation.sa.ucsb.edu/adventure-programs/outdoor-gear-rentals>

REQUIRED CLOTHING

While we are on trips our levels of exertion change and so does the temperature. For this reason we suggest you use a layering system with your clothing. Start with a light layer. Then add more layers as it gets colder. The layers vary from 1 to 4 or 5 with the last layer being a waterproof layer which also keeps the wind out. You must always be prepared for rain or bad weather.

- _____ Pair of hiking boots/shoes AND 1 comfy pair of shoes for around camp
- _____ 3 Sets of Socks (1 liner pair and 1 heavy pair = 1 set)
- _____ Underwear for the trip
- _____ 2 Shirts (1 Short Sleeve and 1 Long Sleeve. At least 1 synthetic/cotton 50/50 blend or all synthetic)
- _____ Pair of long pants for hiking (preferably quick dry nylon or other synthetic material)
- _____ Pair of shorts for hiking
- _____ 1-2, medium weight jacket or heavy sweater (Fleece, Puff, Warm Soft Shell Jacket, etc)
- _____ Waterproof rain jacket/suit or poncho
- _____ Warm hat/beanie (for cold evenings)
- _____ Set of base layers (tops and bottoms: wool, capilene or polypropylene)
- _____ Gloves or Mittens (if your hands get cold at night)

RECOMMENDED GEAR

- _____ Ivory Soap (or other biodegradable soap, Dr. Bronner's)
- _____ Mosquito/Bug repellent
- _____ Towel (small)
- _____ Trekking Poles (Play it again sports or Thrift Stores have used ski poles)
- _____ Camera (throw away waterproof ones work well)
- _____ Spending money (road meals, snacks, souvenirs, etc.)
- _____ Whistle
- _____ Bandana or hanker chief
- _____ Repair Kit (duct tape, zip ties, etc)

Maps, compass, stove, cookware, fuel, water filter, and first aid kits will be provided by the group leaders.

Please Note: You will be responsible for all your personal items, electronics, etc. Although we try to ensure safety of all personal equipment from damage or loss, Adventure Programs and/or our staff will not be liable should an incident occur.

No Drugs or Alcohol: University regulations and program policies do not allow alcohol or drugs on this trip. Thank you for your cooperation.

Refund Policy: Once an offering is **full**, you will be offered a refund (less **\$20 service charge**) **only** if someone **pays** for your spot. If the offering is **NOT** full:

- **30 or more days** before the course date- Full refund less \$20 processing fee.
- **29 to 8 days** before the course date- 50% refund less \$20 processing fee.
- **Less than 8 days** before the course date- no refunds available.